COMMUNITY AND WORKFORCE TRAINING

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READING THE COMMUNITY AND WORKFORCE TRAINING SCHEDULE

Days of the Week

| M | Monday |
| T | Tuesday |
| W | Wednesday |
| R | Thursday |
| F | Friday |
| S | Saturday |
| U | Sunday |

Course title: EXCEL BASICS
Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: J. Kirby. $69

CRN number = 21263
class dates = 9/29 - 10/6 T, R
class location = Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

HOURS
Community and Workforce Training Office .......................... 541-440-4668
Regular Hours
Mon - Thurs 8 a.m. - 5 p.m.
Welcome Center Registration Hours
Mon - Thurs 8 a.m. - 5 p.m.

DATES
May
11 | Monday
Community Education Registration Begins (via phone or in person)

September
18-21 | Friday-Monday
In-Service (campus closed)
28 | Monday
Classes Begin (or dates listed with classes)

November
11 | Wednesday
Veteran’s Day (recognized)
26-29 | Thursday-Sunday
Thanksgiving Vacation

December-January
23-27 | Wednesday-Sunday
Christmas Vacation
30-Jan 3 | Wednesday-Sunday
New Year’s Vacation

COMMUNITY AND WORKFORCE TRAINING
COMMUNITY AND WORKFORCE TRAINING

REGISTRATION POLICIES & PROCEDURES

UCC Community Education Classes are open to the public. Classes are open to students 16 years and older unless otherwise stated. Youth and Family classes are specifically designed for young people, teens, or families. Community Education and Workforce Training classes are separate from credit offerings and do not count towards degrees, diplomas, or certificate programs.

PAYMENT
Payment is due at time of registration. Make checks payable to UCC. Visa or MasterCard are accepted.

REGISTRATION
Pre-registration for Community Education classes is strongly encouraged. Registration at the first class session cannot be guaranteed in cases where the class is full or cancelled due to low enrollment numbers.

3 WAYS TO REGISTER
1. In Person
   Register at the UCC Welcome Center (Del Blanchard Bldg.) registration window on a walk-in basis. We are located at 1140 Umpqua College Rd. Registration hours are 8 a.m. - 5 p.m., Monday through Friday. Registration is closed on Fridays from mid-June through August.

2. By Mail or Fax
   Mail a completed Community Education Registration form (page 35) with payment to Umpqua Community College, Registration, PO Box 967, Roseburg OR 97470. Please do not send cash. Mail-in registration does not guarantee space. Fax to 541-440-7721.

3. By Phone
   Call 541-440-7744 weekdays between 8:30 a.m. - 4:30 p.m. Please have your registration information and Visa/ MasterCard information ready. Registration line is closed on Fridays from mid-June through August.

REFUNDS
- Full refunds will be issued to all students if UCC must cancel a class.
- Students are eligible for a refund if they drop a class two business days prior to the class start date. To cancel a class, contact UCC Registration Department at 541-440-7744.
- Financial credit towards future classes may be considered based on special circumstances but is not guaranteed. Requests based on special circumstances must be requested in writing to the Community Education and Workforce Training Office, 2555 NE Diamond Lake Blvd., Roseburg.

GO TO CLASS
Unless you hear from us, go to the class or classes you have registered for. The only time you will hear from us is:
- If the class is cancelled
- If there is a change in time, facility or location
- If the class is full
- Community Education and Workforce Training uses auto calls to communicate class changes and cancellations to students. Please update your contact information each time you register to ensure we can reach you.

COMMUNITY AND WORKFORCE TRAINING STAFF

QUESTIONS? Call the numbers below for more information about Community Education and Workforce Training classes.

<table>
<thead>
<tr>
<th>NAME</th>
<th>CONTACT INFORMATION</th>
<th>RESPONSIBILITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Barlow</td>
<td>541-440-4668</td>
<td>General Information</td>
</tr>
<tr>
<td>Robin VanWinkle</td>
<td>541-440-4651 <a href="mailto:Robin.VanWinkle@umpqua.edu">Robin.VanWinkle@umpqua.edu</a></td>
<td>Program Administrator</td>
</tr>
<tr>
<td>Judy Ode</td>
<td>541-440-7691 <a href="mailto:Judy.Ode@umpqua.edu">Judy.Ode@umpqua.edu</a></td>
<td>CPR/First Aid, Bus/Van Training, Driver Education, Flagger, OSHA, Pharmacy Technician, Phlebotomy, Business &amp; Career Training, CDL</td>
</tr>
<tr>
<td>Susan Neeman</td>
<td>541-440-4655 <a href="mailto:Susan.Neeman@umpqua.edu">Susan.Neeman@umpqua.edu</a></td>
<td>Arts, Crafts, Fitness, Home &amp; Garden, Special Interest, Discovery College for Kids, Matrix Classes for Middle/HS Students, Dance, Recreation, Languages, Writing, Genealogy, Computers, Online, Photo Editing, Business &amp; Career Training, CEUs, Special Interest, Workforce &amp; Customized Training</td>
</tr>
</tbody>
</table>

GOLD CARD PROGRAM — SENIOR DISCOUNT
Douglas County Residents who are 60 years of age or older, and Disability Gold Card holders are eligible for a 50% discount off the costs of selected Community Education classes. Look for the symbol for classes that qualify for the Gold Card discount. Eligible residents should select the Gold Card class course number at time of registration. Information about the Gold Card program is available by calling 541-440-4668.

INCLEMENT WEATHER
UCC Community Education Classes held on campus are closed when UCC is officially closed due to severe weather. If your class is held at a local school and the school is closed due to weather, your class will be cancelled for the evening. Listen to local radio stations or visit the UCC website www.umpqua.edu for weather closure information.

CAMPUS PARKING
Umpqua Community College provides ample parking spaces near and around all campus buildings. Students may park in any space, except for staff (green) and visitor (white) and those reserved for persons with a disabled person parking permit, which are marked in blue with signs. Stickers and placards required to park in disabled parking spaces are issued by the Oregon Division of Motor Vehicles. Please note that traffic citations will be issued for improperly parked vehicles. For more information, go to www.umpqua.edu/parking.
33rd annual Conference on extraordinary living

Aging is a laughing matter

FRIDAY, SEPTEMBER 11, 2015
8 a.m. - 4 p.m. • UCC Campus • Roseburg, OR

Sessions include topics on Health, Legal Matters, Lifestyle, Technology, and Finance

Highlights
• The Accidental Comic Leigh Anne Jasheway: Laugh Yourself Younger
• Flu shots available from Rite Aide—Bring your insurance cards
• Exhibitor Tables and Door Prizes

Co-Sponsored by

Visit our website at www.umpqua.edu/cwt
Find us on Facebook “UCC Community Education”

REGISTRATION: 541-440-7744

Visit our website at www.umpqua.edu/cwt
Find us on Facebook “UCC Community Education”

BIRTH DATE: (Required) ____________________________
DATE:__________________________
SEX: MALE ☐ FEMALE ☐
UNITED STATES CITIZEN YES ☐ NO ☐
ETHNIC (Optional): WHITE ☐ ASIAN ☐ BLACK ☐ HISPANIC ☐ AMERICAN INDIAN ☐

CRN # COURSE TITLE FEE CRN # COURSE TITLE FEE

Student Signature: ____________________________ Date: ____________________________

TOTAL DUE ____________________________ PAID BY: CHECK (NO.) _______ CASH

MASTERCARD OR VISA NUMBER ____________________________ 3-DIGIT CODE (BACK OF CARD) __________ EXP DATE __________

In case of refund, check is issued to the student regardless of the payment method, i.e. credit card, unless a formal third party sponsored account agreement is set up with UCC.
PAINTING PETS & PEOPLE
No need to be intimidated by faces! Patti Langille has won awards for her portraits of pets and people and can help you expand your artistic experience by learning the skills to paint realistic faces. Both group and individual instruction will be provided. Bring a photo of your subject that is at least 8 x 10. Email Patti at langillep@yahoo.com for a list of supplies needed for the class. $89
21250
10/1 - 11/12  R  1 - 4 pm
Winston Community Center
440 Grape St. Winston

PINE NEEDLE BASKETRY
What better way to spend some leisure time, than to gather fragrant pine needles from the forest floor and weave them into beautiful, unique, and resilient baskets. Instructor Paulette McDonald will take you through each step in creating Native American inspired pine needle baskets from locally grown pine needles. Bring a scissors. All other supplies are provided for you to create your own one-of-a-kind basket to display in your home, or give as a gift. $29
21245
10/10  S  9 am - Noon
Technology Center 119  UCC Campus

DRAWING AND PAINTING
RICH’S ACRYLICS
Creating art is amazingly therapeutic, inspiring and fun! Whether you are a beginner or advanced painter, this class will enrich your life. Instructor, Rich Faulkner, will cover mixing and composition, as well as demonstrate new application techniques using the palette knife, sponge and a variety of tools. Get assistance with your own project or participate in a group project. Bring canvas, paints and brushes to the first class. Call Workforce Training Center Desk for a list of supplies: 541-440-4668. $99
21248
9/29 - 11/10  T  12:30 - 3:30 pm
Workforce Training Center 14
2555 NE Diamond Ln, Rsbg

SEWING/QUILTING TIPS, TRICKS & TECHNIQUES
Gift giving season is here! Friends and family will love a homemade quilt, bag, casserole carrier, table runner, etc. Students decide which items to make in the class. Make gifts for home, yourself, or that special friend. Bring your sewing machine, and come to class with project ideas or use patterns supplied by instructor. All skill levels are welcome. For additional information contact instructor Teresa Sayler at 541-892-8014 or saylert@frontiernet.net. $69
21243
10/7 - 11/4  W  1:30 - 4:30 pm
Winston Fire Department
250 SE Main, Winston

LEAVE A COMMENT ON OUR WEBSITE:
www.umpqua.edu/cwt
COMPUTERS

SOFTWARE APPLICATIONS

COMPUTER ESSENTIALS 1  
Do you want to learn more and feel more comfortable with computers? This class is for you. Learn basic commands and terminology, use a mouse or keyboard and multitasking with Windows 8.1. You will also learn to keep track of all your information by using Windows file management. Explore keyboard shortcuts and media player. This class is recommended for people who do not have computer experience. Early registration is encouraged for this popular class. Instructor: J. Kirby. $89  
21253  
9/28 - 10/7 M, W 3 - 5 pm  
Workforce Training Center 13  
2555 NE Diamond Lk., Rsbg

COMPUTER ESSENTIALS 2  
This class is the next step in getting comfortable with and understanding your computer. Explore the Microsoft store and learn about applications; how to install, launch and customize their privacy. You will explore the Internet and dive into word processing, spreadsheets, sticky notes and much more. Learn to use the personalization settings and make your computer your own. Early registration is encouraged for this popular class. Instructor: J. Kirby. $89  
21255  
10/12 - 10/21 M, W 3 - 5 pm  
Workforce Training Center 13  
2555 NE Diamond Lk., Rsbg

MICROSOFT WORD PART 1  
This class is your roadmap to creating documents. You will focus on the basics and learn how to use the ribbon, tabs, toolbars and how to manipulate and format text. Explore page layout options, how to utilize headers and footers as well as create columns and more. Early registration is encouraged for this popular class. Instructor: J. Kirby. $69  
21257  
11/3 - 11/10 T, R 2 - 4 pm  
Workforce Training Center 13  
2555 NE Diamond Lk., Rsbg

MICROSOFT WORD PART 1 AND 2  
Take both Microsoft Word Part 1 and Part 2 for one low price. Instructor: J. Kirby. $99  
21259  
11/3 - 11/19 T, R 2 - 4 pm  
Workforce Training Center 13  
2555 NE Diamond Lk., Rsbg

MICROSOFT WORD PART 2  
Continue your Microsoft Word experience with this class. You will delve into tables, bulleted and numbered lists, heading styles and how to use and create templates. This class will also teach you how to use mail and label merge. Learn to create fillable forms and to convert Word files to PDF files. Hands-on and casually paced. Students should have already completed “Word Part 1”. Early registration is encouraged for this popular class. Instructor: J. Kirby. $69  
21258  
11/12 - 11/19 T, R 2 - 4 pm  
Workforce Training Center 13  
2555 NE Diamond Lk., Rsbg

EXCEL BASICS  
Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: J. Kirby. $69  
21263  
9/29 - 10/6 T, R 9 - 11 am  
Workforce Training Center 13  
2555 NE Diamond Lk., Rsbg
COMMUNITY AND WORKFORCE TRAINING

EXCEL - BEYOND THE BASICS
Go beyond the basics and learn to link and manage worksheet information as well as use shortcuts to become more efficient. You will learn functions like SUM, MIN, MAX, SUBTOTAL, SUMIFS, COUNTIF and more. You will also leave class with the ability to organize, process and analyze worksheet data, link to Word and Power Point documents and much more. Instructor: Joann Kirby $69
21264
10/8 - 10/15  T, R  9 - 11 am
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

ADVANCED EXCEL
Take your Excel skills to the next level! This advanced class will take a closer look at pivot tables, VLOOKup, and how to write advanced formulas. You will also work with multiple worksheets and workbook and import data. If you are already familiar with Excel and what it can do, take this class and see how much further you can go. Instructor: K. Miller $69
21265
10/20 - 10/27  T, R  4 - 6 pm
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

EXCEL REFRESHER
Refresh your skills and knowledge of MS Excel, one of the most powerful and useful tools for all of your business needs. Learn time-saving ways to deal with your workbooks and spreadsheets. This class will focus on formatting, functions, charts, tables, graphs and formulas. Basic computer navigation skills required. Please bring a jump drive to save your work. Instructor: C. McCormick $69
21266
11/16 - 11/23  M, W  6 - 8 pm
Wayne Crooch Hall 12
UCC Campus

PHOTOSHOP CS6 FOR THE DIGITAL PHOTOGRAPHER
Adobe Photoshop is the premiere image manipulation tool for print design, web design and photography. This course starts you off with the basics of the Photoshop interface and quickly gets you working on hands-on projects based on real-world design scenarios. You'll learn to choose and use the best techniques for common Photoshop jobs including selecting and isolating objects, creating image composites, masking and vignetting images, setting typography, and improving images with retouching and effects. Instructor: C. McCormick $89
21267
10/27 - 11/12  T, R  6 - 8 pm
UCC Campus

CONSUMER ELECTRONICS

ANDROID PHONE
Do you have an Android smartphone? Are you considering buying one? Bring your fully charged Android phone to class and learn about the device's core functions and settings. Discover fun apps using the Google Play store, sync your device with your Google account, and explore how to connect your home computer to upload and share pictures and videos. Enroll in this class and learn how to get the most from the computer in your pocket. Instructor: K. Miller. $59
21268
9/29 - 10/6  T, R  6 - 8 pm
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg

ANDROID TABLET
Bring your Android tablet to this class and see what it's capable of. You will move through the device's settings and principal functions. This class will also explore fun apps using the Google Play Store, show you how to sync your device with your Google account, and explore how to connect to your home computer to upload and share pictures and videos. Instructor: K. Miller. $59
21269
11/3 - 11/10  T, R  6 - 8 pm
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg

DIGITAL CAMERA BASICS
Jump out of the automatic setting rut! Understand and operate your digital camera to take better pictures! Explore the settings and features of this amazing technology. Bring your camera and the instruction manual to class and be ready to have some fun. Instructor: L. Way. $69
21270
10/3 - 10/10  S  8 am - Noon
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg

IPAD FOR THE BEGINNER
Your iPad is a revolutionary tablet computer that will change the way you experience the Web, email, photos and video. Find out more about settings, security, and setting up your email. Search and download apps, use your camera and more. If you have a new iPad or just want to see what they are capable of, this is the class for you. Bring your iPad to class. Some iPads available for use in this course, call 541-440-4655 to reserve an iPad. Instructor: A. Larsen. $59
21271
10/5 - 10/26  M  9 - 11 am
Workforce Training Center 15
2555 NE Diamond Lk., Rsbg

FOR THE MOST UP-TO-DATE COURSE INFORMATION, GO TO www.umpqua.edu/cwt

FOR MORE COMMUNITY AND WORKFORCE TRAINING INFO CALL 541-440-4668; TO REGISTER CALL 541-440-7744
FALL TERM CLASSES

**KINDLE FIRE HD/HDX FOR SCHOOL, WORK OR FUN!**

Your Kindle Fire is more than just an eReader. Learn how to get anything from your text book, library books, magazines, recipes, movies, music, and much more with this multi-use tablet. We will also cover key “apps” that will help with the demands and needs of life. Learn to manage documents and your social media as well. This class will teach you how to get the most out of this affordable device. Prerequisite: A registered device and an Amazon account. Instructor: C. McCormick. $49.

21272
10/13 - 10/22  T, R  6 - 8 pm
Snyder Hall 14
UCC Campus

**MAKE MONEY SELLING ON THE INTERNET**

Do you want to successfully make money selling your items on the Internet? Join this class and learn how to sell your items by using the most popular websites such as Ebay, Craig’s List, Amazon.com and others. You will learn which sites work best for your items and which items are prohibited or potentially illegal to sell. You will also become aware of communication and security issues, as well as some of the problems encountered when posting an ad. Instructor: J. Kirby. $65

21274
10/26 - 11/4  M, W  3 - 5 pm
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

**WEB-BASED APPLICATIONS**

**DISCOVER PINTEREST**

Have you been curious about Pinterest? Find out what all the talk is about in this class. Pinterest is a highly visual, virtual pinboard site that lets you “pin” or collect images from the Web for later use. You will create an account and then learn how to follow boards and create your own board. Discover items like recipes, DIY crafts, decor and much more. Businesses are even using Pinterest to promote their services. Come and see what people are talking about. Instructor: J. Kirby. $29

21273
10/20  T  6 - 8:30 pm
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

**THE POWER OF GOOGLE DRIVE**

What is Google Drive, and why is it so popular? Google Drive is a free, online suite that includes a word processor, spreadsheet program and presentational tool. Google Drive allows you to collaborate with others in real time, review document history, create online surveys and slide shows with ease and is accessible from any computer or device with an internet connection. Not only is Google drive used for personal creations, it is currently utilized in many schools and businesses because of its flexibility. Instructor: K. Miller. $49

21275
10/26 - 11/2  M, W  6 - 8 pm
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

**CPR/FIRST AID**

The American Heart Association strongly promotes knowledge and proficiency in BLS/ACLS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course do not represent income to the Association. Classes with low enrollment are subject to cancellation. If you would like a class held in your community or at your worksite, or for information and questions, call Sarah 541-440-4660 or Judy 541-440-7691.

**FOR HEALTH CARE PROFESSIONALS**

**INSTRUCTOR COURSE - HCP/FA/CPR**

This course teaches prospective teachers of First Aid/CPR for both Healthcare Providers and the Lay Responder how to prepare for the class. Contact AHA CTC 541-440-4660 for directions to the online Essentials course, which must be completed prior to the face-to-face class session. A participant must hold a current provider card in the discipline you will be teaching. Instructor Manual not included in course fee. It is available at the Community Education office. For more information call: Sarah 541-440-4660 or Judy 541-440-7691. $249

21276
10/3  S  8:30 am - 5:00 pm
Snyder Hall 15
UCC Campus
ACLS SKILLS CHECK
A three-hour skills check designed to evaluate healthcare professionals in the management of cardiac arrest and near-arrest patients. Must have current BLS/HCP certification and have basic knowledge of rhythm identification and cardiac pharmacology. Student must have completed the online portion of the class before scheduling the skills check. To access the online portion, go to www.onlineAHA.org. For more information and to arrange date and time, call Sarah, 541-440-4660, or Judy, 541-440-7691. $259 with HCP Skills Check; $199 without HCP Skills Check

21279
Call to arrange session

HEALTHCARE PROVIDER SKILLS CHECK
The Skill Check session is for people completing the online AHA Healthcare Provider Course (www.onlineaha.org). At the end of the online session print the certificate of completion. Call Sarah, 541-440-4660 or Judy, 541-440-7691 to set the day and time for your skills check. Skills check takes about one hour. Online and Skills Check must be completed before you will be issued an AHA Healthcare Provider Card good for 2 years. $60

21290
Call to arrange date and time

HEALTHCARE PROVIDER CERTIFICATION
Do you need a Convenient alternative?

1. Take the AHA course online at: www.onlineaha.org
2. Print the Certification
3. Complete the Skills Check at the Community and Workforce Training Center

The online certification is paid directly to AHA.

The Skills Check is $60 at WTC

21277
Call to arrange session

HEALTHCARE PROVIDER RECERTIFICATION
This course teaches CPR, AED use, relief of choking in adults and children and infant CPR and relief of choking and the use of barrier devices for all ages. This class is designed for the professional rescuer/provider requiring recertification.

Book included. This course can be offered at specific work locations on request. For more information call Sarah at 541-440-4660 or Judy at 541-440-7691. $64

21291
9/12 S 8:30 am - 12:30 pm
Snyder Hall 15
UCC Campus

21292
9/16 W 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg

21293
10/15 R 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg

21294
11/6 F 8:30 am - 12:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg

21295
12/8 T 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg

HEALTHCARE PROVIDER
This class offers the American Heart Association CPR training for health care providers and rescuers. The course covers the Emergency Cardiovascular Care Guidelines including the use of Automatic External Defibrillators and Bag Valve Mask Devices. Adult, child and infant CPR will be covered. This class can be delivered at specific work locations on request. For more information call Sarah 541-440-4660 or Judy 541-440-7691. $79

21285
9/1 - 9/2 T, W 5:30 - 8:30 pm
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg

21286
9/28 - 9/29 M, T 5:30 - 8:30 pm
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg

21287
10/7 - 10/8 W, R 5:30 - 8:30 pm
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg

21288
11/7 S 8:30 am - 2:30 pm
Snyder Hall 15
UCC Campus

21289
12/1 & 12/3 T, R 5:30 - 8:30 pm
Workforce Training Center 14
2555 NE Diamond Lk., Rsbg
FALL TERM CLASSES

FOR COMMUNITY MEMBERS & FAMILIES

FIRST AID/CPR/AED SKILLS CHECK
This hybrid class allows you to complete the classroom portion of the FA/CPR class at your own time, then come to the Community Training Center office in the Community Center office in the Community Education Department at UCC for the hands-on skills demonstration. Call Sarah at 541-440-4660 or Judy at 541-440-7691 to request the key code to do the online portion and to schedule the skills check. $65
21297
Call to arrange date and time

FIRST AID/CPR/AED
This American Heart Association Heartsaver First Aid course teaches how to manage illness and injuries for adults and children in the first few minutes until professional help arrives. This class teaches CPR, AED use, relief of choking and use of barrier devices for all ages. Book included. Students must attend both evenings. For more information call Sarah at 541-440-4660 or Judy at 541-440-7691. $79
21299
9/8 - 9/10 T, R 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg
10/13 - 10/14 T, W 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg
11/14 S 8:30 am - 4:30 pm
Snyder Hall 15
UCC Campus
12/8 - 12/10 T, R 5:30 - 9:30 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

CPR TRAINING
This course teaches CPR, AED use, relief of choking in adults and children and infant CPR and relief of choking, and the use of barrier devices for all ages. Book included. For more information call Sarah, 541-440-4660 or Judy, 541-440-7691. $49
21302
9/10 R 5:30 - 9:30 pm
Workforce Training Center 14
UCC Campus
10/14 W 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg
11/14 S 11:30 am - 4:30 pm
Snyder Hall 15
UCC Campus
12/10 R 5:30 - 9:30 pm
Workforce Training Center 14
2555 NE Diamond Lk, Rsbg

DRIVER EDUCATION

PERMIT TEST PREP CLASS
21307 $59 9/8 T 5 - 9 pm
Workforce Training Center 2
2555 NE Diamond Lake Blvd., Roseburg

FOR STUDENTS WITH A PERMIT
OAKLAND HIGH SCHOOL 21308
9/14 - 10/26 M, W 6 - 8:30 pm
SOUTH UMPQUA HIGH SCHOOL 21309
9/15 -10/27 T, R 5 - 9 pm
DAYS CREEK HIGH SCHOOL 21310
9/18 - 12/18 F 9 - 11:30 pm
WORKFORCE TRAINING CENTER 21311
9/22 - 11/3 T, R 6 - 8:30 pm

ADULT DRIVER ED (OVER 18)
30 hours class time, 6 hours drive time
 WORKFORCE TRAINING CENTER 21312
9/22 - 11/3 T 5 - 9 pm

ADULT DRIVING (PER HOUR)
We move at a pace comfortable for you and we use our UCC driver training cars. Rate is $60 per hour. Call to schedule.

CALL JUDY TODAY! 541-440-7691
umpqua.edu/cwt
roseburgdriversed.com

See complete details inside this Fall Schedule under Driver Education

DRIVER EDUCATION

DRIVER PERMIT TEST PREPARATION
Having trouble passing the permit test or just need help studying? This course covers the Oregon Driver Manual and what you need to know to pass the Oregon Driver permit test. Information: J. Ode 541-440-7691. $59
21307
9/8 T 5 - 9 pm
Workforce Training Center 2
2555 NE Diamond Lk, Rsbg
DRIVER EDUCATION FOR HS STUDENTS WITH PERMIT
UCC’s High School Driver Ed program is ODOT approved; all instructors are State certified. The course includes 30 hours of classroom instruction and 12 hours in the car. Drive times are scheduled the second night of class and are in addition to the classroom time. Parent(s)/guardians are an important part of the process and must attend the first night of the driver training class. Students must have their Oregon permit before class starts. Information: J. Ode 541-440-7691. $199. If your student qualifies for free or reduced lunches, please call 541-440-7691 for info on a discount. If your student is 18 or older, or has a license, see the Adult Driver Education section.

DRIVER EDUCATION FOR HS STUDENTS WITH PERMIT- OAKLAND
21308
9/14 - 10/26 M, W 6 - 8:30 pm
Oakland High School
521 NE Spruce, Oakland

DRIVER EDUCATION FOR HS STUDENTS WITH PERMIT-SOUTH UMPQUA
21309
9/15 - 10/27 T, R 6 - 8:30 pm
South Umpqua High School Modular 1
560 Chadwick, Myrtle Creek

DRIVER EDUCATION FOR HS STUDENTS WITH PERMIT- DAYS CREEK
21310
9/18 - 12/18 F 9 - 11:30 am
Days Creek High School
11381 Tiller Trail Hwy, Days Creek

DRIVER EDUCATION FOR HS STUDENTS WITH PERMIT- ROSEBURG
21311
9/22 - 11/3 T, R 6 - 8:30 pm
Workforce Training Center 2
2555 NE Diamond Lk, Rsbg

ADULT DRIVER EDUCATION
This class is for anyone with a driver license or for students 18 and up. The course will cover Driver-Vehicle readiness, keeping the car in balance, reference points, interacting courteously with others, and much more. This course includes 30 hours of classroom instruction and 6 hours in the car. Driving is done in a UCC driver training car and behind the wheel lessons are scheduled the second night of the class. Drive times are scheduled in addition to classroom time. Students must have their Oregon permit or a valid Driver License before class starts. Class fee includes books. Information: J. Ode 541-440-7691. Payment plan available. $379

21312
9/22 - 11/3 T, R 6 - 8:30 pm
Workforce Training Center 2
2555 NE Diamond Lk, Rsbg

FITNESS/HEALTH
EXERCISE
GET MOVING, GET FIT!
This comprehensive exercise program is ideal for all ages and will focus on strength training and overall fitness. Participants will enjoy the benefits of improved flexibility, coordination, strength, and balance, without the stress of high-impact aerobics. Please bring an exercise mat and 1 lb. to 5 lb. weights. Instructor: J. Helliwell. No class 11/11. $109

21313
9/28 - 12/4 M, W, F 8:30 - 9:30 am
Glide Community Center
20062 N Umpqua Hwy, Glide

GET MOVING, GET FIT!
9/28 - 12/4 M, W, F 8:30 - 9:30 am
Glide Community Center
20062 N Umpqua Hwy, Glide

FOR THE MOST UP-TO-DATE COURSE INFORMATION, GO TO www.umpqua.edu/cwt
FOR MORE COMMUNITY AND WORKFORCE TRAINING INFO CALL 541-440-4668; TO REGISTER CALL 541-440-7744
ZUMBA FITNESS
Zumba translates to “move fast and have fun!” It is one of the fastest growing dance/fitness crazes in the country. Zumba is a fusion of Latin music and dance combined with aerobic fitness training. The result is an exciting, high energy workout. It’s so much fun, you won’t realize you’re exercising as you tone and shape your body. No experience or partner necessary. Students from all fitness levels are welcome. Dress comfortably. Ditch the workout, join the party!

<table>
<thead>
<tr>
<th>Class</th>
<th>Instructor</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>ZUMBA FITNESS</td>
<td>Tina Richner</td>
<td>T, R</td>
<td>5:30 - 6:30 pm</td>
<td>Rsbg Christian Fellowship Youth Campus 1313 Cedar St., Roseburg</td>
</tr>
<tr>
<td>ZUMBA FITNESS</td>
<td>Kathleen Gould</td>
<td>M, W</td>
<td>5:30 - 6:30 pm</td>
<td>Glide High School Cafeteria 18900 N Umpqua Hwy., Glide</td>
</tr>
<tr>
<td>ZUMBA FITNESS PUNCH CARD</td>
<td>Kathleen Gould</td>
<td>M, W</td>
<td>5:30 - 6:30 pm</td>
<td>Glide High School Cafeteria 18900 N Umpqua Hwy., Glide</td>
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BETTER BONES & BALANCE
Reap the benefits OSU Bone Research Lab studies have shown. This exercise program will significantly slow the rate of bone loss in adults of all ages. It is recommended for students who are new to fitness, or returning to exercise following an accident or illness. Develop increased muscle tone and overall body fitness. Improve your balance, flexibility, and coordination to help maintain your independence. Wear athletic shoes and bring water. Instructor: J. Helliwell. No class 11/26. $89

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<th>Class</th>
<th>Instructor</th>
<th>Days</th>
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<th>Location</th>
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<tbody>
<tr>
<td>BETTER BONES &amp; BALANCE</td>
<td>J. Helliwell</td>
<td>T, R</td>
<td>9 - 10 am</td>
<td>Hucrest Community Church 2075 NW Witherspoon Ave, Rsbg</td>
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</tbody>
</table>

Purchase a Punch Card to attend up to 8 Zumba classes at any class time and at any one location of your choice. Didn’t use all of your punches in one term? No problem, use the rest of them next term! It’s that easy!

Rules: Lost cards cannot be replaced. Cards are non-transferable and will expire at the end of the term following their purchase. Each card is valid for only one location. Cards will be handed out in class and punched for each class attended.
LOW IMPACT BOOT CAMP
Need a little encouragement in your workout? This class will introduce you to a variety of workout methods to improve your health in a non-competitive group environment. Classes will include stretching, resistance training and aerobics using various types of exercise equipment. All fitness levels are welcome. Strengthen your heart and lungs as you get fit. Wear loose-fitting clothes and bring water to class. Instructor: S. Leonard. No class 11/11. $49
21317
10/5 - 12/2 M, W 5 - 5:50 pm
Physical Education 14
UCC Campus

YOGA BASICS
Come increase your physical strength, balance and flexibility, while reducing stress and moving toward better overall health in this introductory yoga class. Learn how yoga can be for every “body” through safe, proper physical alignment and respect for physical limitations as we work through the asanas (poses). This gentle class is beginner-friendly. Wear comfortable clothing that allows movement. Bring a yoga mat as well as a blanket that can be folded for use in some of the poses. See you on the mat! Instructor: Nanci Pritchard, RYT-200, Curvy Yoga Certified. $59
21318
9/30 - 11/18 W 6 - 7 pm
Physical Education 14
UCC Campus

PERSONAL FITNESS TRAINING
Maximize your workout with a Personal Trainer. Your Trainer will customize your exercise program, demonstrate proper execution of exercises, and motivate you to meet your fitness goals. Contact Trainer Scott Leonard at 541-440-7868 to schedule training times. Cost: $30 per 1/2 hour, $50 per hour, $120 for five, 1/2 hour sessions.

Contact trainer for registration
See above for class fee
Fitness Center UCC Campus

CHI-KUNG/TAI-CHI
Chi-Kung/Tai-Chi techniques rest the mind and strengthen and work the body. This ancient physical form uses stretching, deep breathing and invigorating circular motion to awaken and loosen the entire body. You will tone and strengthen the muscles and clear and relax the mind while increasing your natural energy flow. Beginning and intermediate students of all ages are welcome. Instructor: D. Robison-Bryan. $29
21327
9/22 - 10/20 T 11:10 am - Noon
740 NW Hill Pl, Roseburg

21328
10/27 - 11/24 T 11:10 am - Noon
740 NW Hill Pl, Roseburg
Take both classes for one low price! $49
21329
9/22 - 11/24 T 11:10 am - Noon
740 NW Hill Pl, Roseburg

21330
9/24 - 10/22 R 11:10 am - Noon
740 NW Hill Pl, Roseburg

21331
10/29 - 12/3 R 11:10 am - Noon
740 NW Hill Pl, Roseburg
Take both classes for one low price! $49
21332
9/24 - 12/3 R 11:10 am - Noon
740 NW Hill Pl, Roseburg
Take both days for one low price!
No class 11/26. $69
21333
9/22 - 12/3 T, R 11:10 am - Noon
740 NW Hill Pl, Roseburg

AIKIDO
Develop self defense skills, improve balance and physical conditioning! Aikido is a modern Japanese martial art in which cultivation of internal power is more important than physical strength. The goal of Aikido is not to defeat the opponent, but to defeat the negative aspects within ourselves. Training takes place in an environment of cooperation and support. Students ages 13 to 100 are welcome. Instructor: B. Smith. No class 11/26. $75
21320
9/29 - 12/3 T, R 6 - 7 pm
Physical Education 14 UCC Campus
# HEALTH

## ACUPRESSURE WORKSHOP PART A
Learn to use the power and sensitivity of your hands to apply gentle pressure on various points on the body to reduce stress, relieve tension, increase circulation, reduce pain, improve muscle strength and tone, and induce the relaxation response. You will learn self-acupressure, as well as for others. Bring a mat and a towel; wear comfortable clothing. Instructor, Donna Robison-Bryan is a graduate of the Acupressure Institute of Berkeley, CA. $39

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<tr>
<th>21334</th>
<th>10/26 M</th>
<th>6 - 9 pm</th>
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<tr>
<td>Workforce Training Center 2</td>
<td>2555 NE Diamond Lk, Rsbg</td>
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## ACUPRESSURE WORKSHOP PART B
Build on what you learned in Part A. Practice additional acupressure points to use on self and others. Bring a mat and a towel; wear comfortable clothing. Instructor, Donna Robison-Bryan is a graduate of the Acupressure Institute of Berkeley, CA. $39

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## HERBAL FIRST AID KIT
Learn how to build and use your own herbal first aid kit. Instructor: Chris Hart has a Masters degree in Herbology. $35

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<th>21338</th>
<th>9/29 - 10/1 T, R</th>
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<tr>
<td>Snyder Hall 14 UCC Campus</td>
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## HERBAL AIDS FOR COLD AND FLU
Students will learn herbal solutions, aids, and formulas that will help prevent or relieve colds and flu during the seasonal changes. Instructor: Chris Hart has a Masters degree in Herbology. $35

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## BACKYARD HERBALIST - HARVEST OF FALL HERBS
Identify and harvest useful medicinal plants that can only be harvested during the fall months. You will become familiar with the parts of plants that can be harvested (flowers, leaves), and their medicinal uses. Instructor: Chris Hart has a Masters degree in Herbology. $35

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<th>21337</th>
<th>9/22 - 9/24 T, R</th>
<th>6 - 8 pm</th>
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## ALL ABOUT HERBS
Take Backyard Herbalist, Herbal First Aid Kit, and Herbal Aids for Cold and Flu, all for one low price! $89

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<tr>
<th>21340</th>
<th>9/22 - 10/8 T, R</th>
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## HOLISTIC HEALTH AND WELLNESS
Learn about one of the healthiest diets in the world, the nutritional science behind why whole foods heal, and how to obtain and maintain a healthy weight. Receive an individual nutrition analysis and lifestyle assessment, set goals, and empower yourself to achieve optimum health and wellness. If you are sick and tired of being sick and tired, or want renewed vitality, this class is for you. Instructor: K. Kibbey, MSHN. $75

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<th>21341</th>
<th>10/13 - 10/27 T</th>
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## HOME & GARDEN

### FOOD & BEVERAGE

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### INTRODUCTORY BEER MAKING
Try something new! Learn how to make your own beer. Instructor Steve Johnson has been brewing beer for over fifteen years. He will teach you about the brewing process, various flavors, making two styles of beer, the complete bottling process and some beer history and trivia. If you have questions about this class, call Steve at 541-679-5424. $49

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<tr>
<th>21342</th>
<th>10/7 - 10/28 W</th>
<th>6 - 8 pm</th>
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<tbody>
<tr>
<td>Harvest Grocery</td>
<td>501 Douglas Ave., Winston</td>
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</table>
COMMUNITY AND WORKFORCE TRAINING

LATIN AMERICAN COOKING
Discover the secrets of cooking authentic Latin American cuisine with professional chef Miguel Somoza. He will demonstrate Rollo de Carne, Black Beans, and Chicken Paella from Panama. All supplies are included in the fee. Enjoy eating these delicious dishes and take home the recipes to share with friends and family. $35
21343
11/12  R  6-9 pm
Roseburg High School Cooking Classroom, A-132
400 W. Harvard, Roseburg

GARDENING
CREATIVE LANDSCAPES - GARDEN DESIGN AND HOME LANDSCAPING
A house is not a home without a beautiful garden. In this class, you will learn how to choose and care for plant varieties that are best suited for your property and receive design ideas and tips from an experienced licensed landscaper. Class held Monday through Thursday 7 - 9 pm. A field trip will be held on Saturday 10/3/15. Instructor: M. Lybarger. $49
21345
9/28 - 10/1  M, T, W, R  7 - 9 pm
Snyder Hall 15
10/3  S  9 - 11 am
Field Trip  UCC Campus

CREATIVE VEGETARIAN COOKING
Looking for a healthy, fresh, and delicious meal to prepare? Join this “hands-on” cooking class and learn how to prepare quick, easy and appetizing recipes that use wholesome, easy to find ingredients. Learn the basics, take home the recipes, and explore your own creative style. Come hungry! Instructor Michael Tortorice will provide all of the supplies and information that you need to prepare a tasty vegetarian salad, entree, side dish, and dessert. $29
21344
10/8  R  10 am - 2 pm
Lighthouse Center
7637 Tyee Rd., Umpqua

REMODEL YOUR KITCHEN
Are you dreaming of a new kitchen, but don’t know where to start? This two part workshop is your first step. Learn tips for planning a budget and keeping your costs low. Determine what you can do yourself and how and when to select a contractor. Get design tips from the experts. Remodeling can be challenging, but having the right resources can make it a smooth and rewarding experience. Instructor: M. Zerbach and L. Ouellette. $19
21348
10/6- 10/8  T, R  7 - 8:30 pm
Your Kitchen and Bath
288 NE Ward, Roseburg

HOME

UNIVERSITY OF HOME
Being a home owner in these times can be challenging. Join us for this hands-on workshop focusing on homeownership to help you protect your investment and save money. Topics include budgeting, green living, energy savings and home repair. The cost is $35 per household. For more information and registration, call 541-673-4909.
8/15 OR 11/7  S  9 am - 3 pm
Sunset Apartments Community Room
1800 NE Sunset, Roseburg
SHOP

WELDING AND BLACKSMITHING
This is a project-based course utilizing an open-lab format for students to creatively plan, fabricate, & smith metal projects. Topics covered will include: welding & blacksmithing processes, safety, equipment, and essential variables of operation. Class is open to students who want to learn the basics of heat treatment and blending, as well as industry professionals looking to brush up on skills. Students need to bring safety glasses, closed toe shoes, a lab coat, and welding helmet to each class. Materials for projects are not included in the course fee. Machine tools, welders, torches, and gorges are included. Contact instructor, Duane Thompson, 541-440-7820, with questions. $149
21353
10/6 - 11/10 T 6 - 8 pm
Lockwood Hall 11
UCC Campus

WOODWORKING
Make something beautiful with wood. Students will learn to use woodworking techniques, including project design, types of materials and material selection, joinery, and safe use of woodworking machinery and hand tools. The instructor will assist students with selection of a project, or they can choose their own. Students supply their own wood, safety glasses, and hearing protection. Beginning through advanced students are welcome. Safety orientation will be conducted the first day of class. Instructor: J. Brokenborough. No class 11/26. $89
21354
9/24 - 12/3 R 6 - 8:30 pm
Riddle High School Wood Shop
147 Main St, Riddle

LANGUAGES & WRITING

FOREIGN LANGUAGE

BEGINNING CONVERSATIONAL SPANISH
Gain practical knowledge and basic conversation skills in this fun and relaxed class that is based on instruction and role play of formal and informal expressions, introductions, basic vocabulary, useful verbs in the present tense, and sentence structure. This is a great class for the new students or those who want to review the basics. Instructor: A. Wishart. $79
21356
9/22 - 11/17 T 5:30 - 7:30 pm
Workforce Training Center 1
2555 NE Diamond Lk, Rsbg

FINANCIAL CAPABILITY

Learn how to build a strong financial foundation in uncertain times. Free tri-merge credit report included. The cost is $45 per household. For more information and registration, call Olympia Church at 541-673-4909.
8/19-8/20 W, R 5 - 8:30 pm
OR 11/14 S 8 am - 4 pm
Sunset Apartments Community Room
1800 NE Sunset, Roseburg

ABC’S OF HOMEBUYING
First-time home buying can be confusing. Get the inside scoop on the home buying process. Receive guidance on preparing to buy, mortgages, shopping for a home and closing process. Learn to protect your investment and how to save with energy efficiency. The cost is $45 per household. For more information and registration, call Laura Robeson at 541-673-4909.
8/19-8/20 W, R 5 - 8:30 pm
OR 11/14 S 8 am - 4 pm
Sunset Apartments Community Room
1800 NE Sunset, Roseburg

INTERMEDIATE CONVERSATIONAL SPANISH
Advance your knowledge of Spanish in a relaxed and fun classroom. Increase your vocabulary, improve your pronunciation, and use more sophisticated grammatical structures including more tenses. This class is for students who are looking for more conversation and role play situations. Instructor: A. Wishart. $79
21358
9/24 - 11/19 R 5:30 - 7:30 pm
Workforce Training Center 1
2555 NE Diamond Lk, Rsbg

WOODWORKING
$45, register with 21355
see pg. 34 for Gold Card class details.

$39, register with 21357
see pg. 34 for Gold Card class details.
ITALIANO INTENSO
Italiano Intenso is for students who have completed at least one year of Beginning Italian, and/or who speak and write Italian at the Intermediate level. The class is taught in Italian. Students should be highly motivated to continue learning spoken and written Italian. About 20 minutes of daily study is necessary to fulfill the homework assignments and keep up with the pace of the class. The focus includes speaking and understanding spoken and written Italian, including grammar and pronunciation. The material studied usually involves information about the Italian culture. Instructor: J. Melo, BA, MLA. No class 11/26. $55
21359
11/12 - 12/17  R  7 - 8 pm
Wayne Crooch Hall 15
UCC Campus

CONTINUING SIGN LANGUAGE
Pick up speed and expand your signing vocabulary with immersion practice. Learn 350 words and become a better communicator. Class will include two field trips. Instructor Heather Vreeland has taught sign language for UCC for over 35 years and interprets for the deaf. No class 10/19 and 11/16. $65
21361
21362
9/28 - 11/30  M  7 - 9 pm
9/29 - 11/17  T  7 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

EVERY LIFE HAS A STORY
Tell your own story! Capture, organize, preserve, and record the priceless story of your life and the stories of special people you have known. Enjoy compiling personal essays or memoirs in this course with on instructor Ada Duncan, newspaper journalist and published author. $55
21363
9/28 - 11/17  T  7 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

SIGN LANGUAGE
BEGINNING SIGN LANGUAGE
Sign language is the third most common “foreign” language in the United States, and can be used right here in the Northwest. Learn finger spelling and signs for 350-450 words in this welcoming environment. Class includes a fun field trip to practice your new skills. Instructor Heather Vreeland has taught sign language for UCC for over 35 years and interprets for the deaf. $65
21360
21362
9/29 - 11/17  T  7 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

MIDDLE EASTERN BELLY DANCE
Belly dance is a great activity to develop physical strength, muscle awareness, and mind-body connection. It incorporates a wide array of styles and movements from the Middle Eastern cultures into a great overall body-toning exercise. Mezdulene Reed is a nationally known instructor who has studied, performed, and taught all over the country. Rhythm and coordination are not required to take this class. Wear comfortable clothing and bring water. $49
21365
9/10 - 10/29  R  6 - 7 pm
Hucrest Elementary School
Multi-Purpose Room
1810 NW Kline St., Roseburg

WEST COAST SWING
Are you looking for a fun and easy way to get some exercise, get out of the house, learn something new, and meet new people? West Coast Swing dancing is the way to go. Not to be confused with the Western/Country Swing, this dance is done to blues, rock, and big band sounds. Please register with a partner (each partner must register). Instructors, Larry & Cora McKinney, will teach you everything you need to know to get out on the dance floor. All you have to do is show up! No class 11/11. $55
21364
9/30 - 11/25  W  6 - 7:30 pm
Fir Grove Elementary School
Multi-Purpose Rm.
1360 W. Harvard, Roseburg

FOR THE MOST UP-TO-DATE COURSE INFORMATION, GO TO www.umpqua.edu/cwt

FOR MORE COMMUNITY AND WORKFORCE TRAINING INFO CALL 541-440-4668; TO REGISTER CALL 541-440-7744
SAFETY

BOATER SAFETY
Get practical and relevant instruction from a trained boater safety instructor. Students who pass the course can apply for their boater education card as required by Oregon’s mandatory Boater Education Program. The course will cover practical boating safety information, regional and local boating rules and regulations, as well as tips and techniques for making boating more fun and enjoyable. Boater Handbook must be requested and completed prior to class. All operators of 10 hp or larger powerboats are required to carry the Boater Education Card. Information and to request book contact J. Ode 541-440-7691. $20

21366
9/21 M 5 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

21367
10/19 M 5 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

21368
11/16 M 5 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

21369
12/14 M 5 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

WI16-30493
1/11 M 5 - 9 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

NURTURING PARENTING - EASTWOOD
Explore the topics of child development and behavior to better understand age-appropriate practices to develop limits, routines, and positive discipline techniques. The DCECPC and UCC present this class for parents and caregivers of children birth to 9 years of age. A representative will contact you before class to arrange childcare needs. Class is free of charge; donations will be accepted to help cover program costs. Instructor: M. LaVerne
21370
9/8 - 11/10 T 6 - 8 pm
Eastwood Elementary
2550 SE Waldon St., Roseburg

MAKE PARENTING A PLEASURE - SUTHERLIN
Parents are their child’s first and most important teacher! Learn techniques to help your child learn and grow through positive parent-child interactions and modeling expected behavior. The DCECPC (www.parenteducation.org) and UCC present this class for parents and caregivers of children birth to 9 years of age. A representative will contact you before class to arrange your childcare needs. Class is free of charge; donations will be accepted to help cover program costs. Instructor: S. Leedom
21371
9/10 - 11/12 R 6 - 8 pm
Sutherlin West Intermediate
531 N. Comstock, Sutherlin

MAKE PARENTING A PLEASURE - GLENDALE
Instructor: M. Christian
21372
9/14 - 11/16 M 6 - 8 pm
Glendale Elementary School
100 Pacific Ave., Glendale

PARENTING A SECOND TIME AROUND (PASTA)
Today many grandparents, aunts, and uncles find themselves unexpectedly raising grandchildren or other young relatives. This program provides education and support on child development, discipline and guidance, rebuilding a family, and legal issues, and advocacy. The DCECPC and UCC present this class for relative caregivers of children birth to 15 years of age. A representative will contact you before class to arrange childcare needs. Class is free of charge; donations will be accepted to help cover program costs. Instructor: N. Lawson.
21373
9/8 - 10/27 T 6 - 8 pm
Central Douglas County YMCA
1151 NW Stewart Parkway, Roseburg
FEELINGS & CHILDREN’S BEHAVIOR
What is going on in my child’s head? Explore the world of feelings to better understand and help children manage their behavior. The DCECPC, Family Connections and UCC present this workshop for parents or caregivers of children birth to 9 years of age. A $10 fee will be charged. Participants need to make their own childcare arrangements. Call Family Connections at 541-440-7705 to register, fee waivers may be available. Instructor: B. Tenneson.
9/22 T 6 - 8 pm
Douglas ESD
1871 NE Stephens, Roseburg

HAPPY MONSTER, SAD MONSTER
Young children experience big feelings on a daily basis and need our guidance to develop social emotional competency. Discover fun ways to cultivate your child’s emotional intelligence through the use of children’s literature and related activities. The DCECPC, Family Connections, and UCC present this workshop for parents and caregivers of children birth to 9 years of age. Participants need to make their own childcare arrangements. There is a $10 fee to attend this workshop. Call Family Connections at 541-440-7705 to register, fee waivers may be available. Instructor: B. Tenneson.
9/29 T 6 - 8 pm
Douglas ESD
1871 NE Stephens, Roseburg

EARLY LEARNING - SPANISH
This class is for Spanish speaking parents and caregivers. Why is early learning so important, and how do I fit it in my busy schedule? Discover how simple activities can enrich a child’s development so they arrive to school ready to learn. The DCECPC, Family Connections, and UCC present this workshop for parents and caregivers of children birth to 6 years of age. Participants need to make their own childcare arrangements. There is a $10 fee to attend this workshop. Call Family Connections at 541-391-3770 to register, fee waivers may be available. Instructor: M. Queant.
10/21 W 6 - 8 pm
Rose Elementary
948 SE Roberts Ave., Roseburg

CARING FOR CHILDREN WITH ADHD
Life with a child with ADD/ADHD can be frustrating and overwhelming, but as parent and caregiver there is a lot you can do to help control and reduce the symptoms. The DCECPC, Family Connections and UCC present this workshop that offers ideas on ways you can help your child overcome daily challenges, channel his or her energy into positive arenas, and bring greater calm to your family. Participants need to make their own childcare arrangements. $10 fee to participate. Call Family Connections at 541-440-7705 to register, fee waivers may be available. Instructor: A. Swanson
11/3 T 6 - 8 pm
Douglas ESD
1871 NE Stephens, Roseburg
EXCEL BASICS
Learn more about what the popular MS Excel program can do for you! In this Basic Excel class, learn features such as creating, navigating, formatting and editing worksheets and workbooks. Enter various types of data, work with common formulas and functions, and create a simple chart. Learn the shortcuts. Instructor: J. Kirby. $69
21263
9/29 - 10/6 T, R 9 - 11 am
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

EXCEL - BEYOND THE BASICS
Go beyond the basics and learn to link and manage worksheet information as well as use shortcuts to become more efficient. You will learn functions like SUM, MIN, MAX, SUBTOTAL, SUMIFS, COUNTIF and more. You will also learn how to create a simple chart. Link to Word and PowerPoint documents and much more. Instructor: Joann Kirby $69
21264
10/8 - 10/15 T, R 9 - 11 am
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

ADVANCED EXCEL
Take your Excel skills to the next level! This advanced class will take a closer look at pivot tables, VLOOKUP, and how to write advanced formulas. You will also work with multiple worksheets and workbooks and import data. If you are already familiar with Excel and what it can do, take this class and see how much further you can go. Instructor: K. Miller $69
21265
10/20 - 10/27 T, R 4 - 6 pm
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

EXCEL REFRESHER
Refresh your skills and knowledge of MS Excel, one of the most powerful and useful tools for all of your business needs. Learn time-saving ways to deal with your workbooks and spreadsheets. This class will focus on formatting, functions, charts, tables, graphs and formulas. Basic computer navigation skills required. Please bring a jump drive to save your work. Instructor: C. McCormick $69
21266
11/16 - 11/23 M, W 6 - 8 pm
Wayne Crooch Hall 12
UCC Campus

THE POWER OF GOOGLE DRIVE
What is Google Drive, and why is it so popular? Google Drive is a free, online suite that includes a word processor, spreadsheet program and presentational tool. Google Drive allows you to collaborate with others in reality, view document history, create online surveys and slide shows with ease and is accessible from any computer or device with an internet connection. Not only is Google Drive used for personal creations, it is currently utilized in many schools and businesses because of its flexibility. Instructor: K. Miller. $49
21275
10/26 - 11/2 M, W 6 - 8 pm
Workforce Training Center 13
2555 NE Diamond Lk., Rsbg

PREZI
Bring your vision to life with Prezi and leave PowerPoint behind! Take a journey into the world of creative presentations! Learn how to use and engage your creative side for amazing presentations. Your audience will be stimulated with what you are presenting as well as how you are presenting. Instructor: Kimba Green. Contact Susan at 541-440-4655 to register. Must be registered by 9/11/15. Visit www.yougotclass.org/catalog-complete.cfm/Umpqua for more information. $195.
21378
9/8 - 10/2
Online

FACEBOOK FOR BUSINESS
Find out what goes on behind the scenes on Facebook pages and how to increase the chances that your message is seen and acted on. Discover tools and techniques to increase business and expand your reach. Discuss how to adapt your marketing message for the Facebook platform and to integrate Facebook across all marketing areas. You must have a started Facebook page and have some basic knowledge of the platform. Contact Susan at 541-440-4655 to register. Must be registered by 10/9/15. Visit www.yougotclass.org/catalog-complete.cfm/Umpqua for more information. $245.
21380
10/5 - 10/30
Online
ORGANIZATION SKILLS FOR THE OVERWHELMED!

Feeling buried at work and have tons of emails to answer? Free up countless hours with a time-management plan you customize for the way you work. Learn to organize your workspace more efficiently, create more time, deal with paperwork and work flow, eliminate procrastination and relieve stress. You will explore how to apply 5-S principles to your work station. Never feel overwhelmed or disorganized again! Instructor: R. Prothero. $89.

21381
10/6 - 10/13 T 8:30 am - 12:30 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg

WORKPLACE ETHICS AND ETIQUETTE

For entrepreneurs, managers or anyone in the workplace, understanding workplace ethics and etiquette is critical to individual and organizational success. Discover new information about the related but different concepts of business ethics and etiquette. Learn the how-to’s of making ethical business decisions. Then find out the 5 secrets of how to interact properly in business and social settings to improve your communication and networking skills. Contact Susan at 541-440-4655 to register. Must by registered by 9/11/15. Instructor: C. Profitt Boys. Visit www.yougotclass.org/catalog-complete.cfm/Umpqua for more information. $145.

21382
9/8 - 10/2
Online

FATAL LEADERSHIP ERRORS

Find out the leading fatal leadership errors, including inappropriate dispositions and attitudes, and lack of knowledge and skills. Minimize these errors and perform your leadership role to an optimal level of efficiency. Call Susan at 541-440-4655 to register. Must be registered by 11/6/15. Visit www.yougotclass.org/catalog-complete.cfm/Umpqua for more information. $245.

21384
11/2 - 11/27
Online

ORGANIZATION SKILLS FOR THE OVERWHELMED

You cannot FIND time...
You absolutely can CREATE time!
Learn to create time and become more organized with a time-management plan designed for your style of work. Organize your workspace more efficiently, deal with paperwork and workflow, tackle procrastination and RELIEVE STRESS!!

For more information, call:
Susan Neeman
541-440-4655
Susan.Neeman@umpqua.edu

$89 Tuesdays 10/6 & 10/13
8:30 am - 12:30 pm
Workforce Training Center 15
2555 NE Diamond Lake Blvd., Rsbg

NON-PROFIT

PLANNED GIVING FOR NON-PROFITS

What would your organization do with more funding? In studying the not-for-profit sector, lack of knowledge and lack of time are reasons for not having a planned giving program. In this one-day workshop, you gain tools and ideas to easily implement and begin building a program. You will receive an overview of planned giving and how to write a case statement for support, being marketing a planned giving program and how to discuss with your donors opportunities to make a planned gift. Instructor: S. Ramsey-Watson. $59

21385
11/6 F 9 am - 4 pm
Workforce Training Center 13
2555 NE Diamond Lk, Rsbg
Dementia for Family Care Givers

Designed for family care givers dealing with Alzheimer’s disease, Vascular Dementia, Lewy-Body Dementia or other conditions causing significant memory problems. In addition to basic information about dementia, this 4-week course will cover essential elements to address throughout the illness, common health complications, and tips from professional care providers who deliver person-oriented care. Instructor P. Atwood. Contact Kathy at 541-440-4655 to register. Must be registered by 9/11/15. For more information visit www.yougotoclass.org/catalog-complete.cfm/Umpqua. $150
21389
9/8 - 10/2
Online

Gender in the Classroom

Discover why girls waste 30% of their study time, why boys get worse grades than girls, why boys do less homework than girls, and the 5 learning habits girls get to school that hurt them in the workplace. Your female students learn differently than your male students. Learn 10 top tips for helping girls and boys learn more and the 5 tips to help girls and boys succeed more. Contact Susan at 541-440-4655 to register. Must be registered by 10/9/15. Visit www.yougotoclass.org/catalog-complete.cfm/Umpqua for more information. $145
21387
10/5-10/30
Online

Continuing Education for Teachers

Online Learning and Teaching for K-12 Teachers
Discover the fascinating world of online learning and teaching. Specifically for K-12 teachers, you will find out why and how your students learn online. Explore all the wonderful eTools being used, from drag-and-drop games to virtual labs. How can you begin to use the web in your own teaching? See why we-enhanced courses are being introduced in K-12 schools. Contact Susan at 541-440-4655 to register. Must be registered by 10/9/15. Visit www.yougotoclass.org/catalog-complete.cfm/Umpqua for more information. $145
21386
10/5-10/30
Online

CAREGIVER

Success and Aging Parents
Geared towards family and friends of an elderly person, including spouses/significant others, parent-child, elder-other relative, even long-distance caregivers. Learn how to prepare for changes in personal relationships when taking on caregiving roles. Improve your understanding of resources and the long-term care services and supports available. Come away with confidence in techniques in assisting others with variety of needs. This course will also be useful for healthcare students. Call Susan at 541-440-4655 to register. Must be registered by 9/11/15. Visit www.yougotoclass.org/catalog-complete.cfm/Umpqua for more information. $149
21388
9/2 - 10/2
Online

Planned Giving for Non-Profit

What could YOUR organization do with more funding?
This one-day workshop will give you the tools to build a Planned Giving program designed around your non-profit organization. Learn techniques for marketing to your donors and the community.
$59 Friday 11/6 9 am - 4 pm
Workforce Training Center 13
2555 NE Diamond Lake Blvd., Rsbg

For more information, call:
Susan Neeman
541-440-4655
Susan.Neeman@umpqua.edu

UCC Schedule Fall 2015
COMMUNITY AND WORKFORCE TRAINING

FOR THE MOST UP-TO-DATE COURSE INFORMATION, GO TO www.umpqua.edu/cwt

OCCUPATIONAL & LICENSING

FORKLIFT SAFETY TRAINING
This course provides the skills necessary for the operator to carry out the requirements of moving large and heavy materials from one location to another in a safe manner as approved by the Occupational Safety and Health Act. At the conclusion students will: Know the features of a lift truck, recognize the importance stable loads and the center of gravity, estimate load capacity, conduct mechanical checks while the engine is stopped and running, demonstrate safe starting procedures, demonstrate basic operating procedures, conduct driving exercises and directional changes safely, demonstrate the skill of inching, move loads of various weights, dimensions and balance points, pass a written test. J. Ode 440-7691. $99
21220
9/4 F
Technology Center 119
UCC Campus

MEDICAL PROFESSIONAL

CENTRICITY - FUNDAMENTALS OF ELECTRONIC MEDICAL RECORDS
This course focuses on the GE Centricity Electronic Medical Record (EMR) software. The class covers all aspects of the application and includes detailed instruction on navigation and functionality of the GE Centricity the software. Instruction is reinforced with hands on exercises which simulate real-world situations in the clinical setting. Topics include: proper log in/out, desktop functions, chart functions, documentation of patient encounters, writing prescriptions, reviewing/signing lab orders and results, reviewing/signing radiology orders and results, and running reports. Class space is limited. For information or to register, call Judy Ode at 541-440-7691. $99
21391
9/28 - 10/28 M, W 3 - 5 pm
Physicians e-Health Services
2797 NW Aviation Dr., Roseburg

PHLEBOTOMY
Skill up in the field of phlebotomy. This course qualifies students to work in medical laboratories, hospitals, clinics, donor facilities, healthcare insurance providers and more. Classroom, laboratory and clinical experience are included in this 11 week course. Upon successful completion of the Phlebotomy course you will be qualified to take the National Phlebotomy Technician PBT certification exam. Course work includes; confidentiality and HIPPA regulations, basic anatomy and physiology, infection control and safety, venipuncture, specimen handling and hands-on training with patients in a clinical setting. Students must be available for early morning hours for clinicals. Prerequisites: 18 years of age, provide proof of; HS diploma or GED, provide proof of current Immunizations (MMR, Hepatitis A/B and PPD within the last 12 months) and American Heart Association (AHA) Healthcare provider CPR. Call Judy for more information, 541-440-7691. $999-
Payment plan available.
21392
9/29 - 12/17 T, R 6 - 9 pm
Wayne Crooch Hall 16
UCC Campus

FOR MORE COMMUNITY AND WORKFORCE TRAINING INFO CALL 541-440-4668; TO REGISTER CALL 541-440-7744
FAMILY CHILD CARE OVERVIEW
Overview is a requirement for becoming licensed as a registered family child care provider. The overview gives those interested in becoming licensed information about how to become registered, the Oregon rules, local CCR&Rs and an introduction to other agencies and supports for registered providers. For more information or to register, call Family Connections of Lane and Douglas County, 541-440-7705.
10/15  R  6 - 9 pm
Technology Center 119
UCC Campus
12/3  R  10 am - 1 pm
Technology Center 101
UCC Campus

RECOGNIZING AND REPORTING CHILD ABUSE AND NEGLECT
Child care and education providers are among those persons who are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Participants will learn the process of reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred. Pre-registration is required and there is a $10 fee per student. For more information or to register, call Family Connections of Lane and Douglas County, 541-440-7705.

FLAGGER
CERTIFIED FLAGGER TRAINING
Prepare to be a flagger for work zone traffic control. Learn the basics of flagging and traffic safety. Receive Oregon Department of Transportation Credential for Flaggers, valid for three years in Oregon, Washington, Idaho and Montana. Class fee includes books. Must be 18 or older to get a job as a Flagger. Information: J. Ode 541-440-7691. $95
21393  9/1  T  4:30 - 10 pm
Workforce Training Center 2
2555 NE Diamond Lk, Rsbg
21394  10/6  T  4:30 - 10 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg
21395  11/3  T  4:30 - 10 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg
21396  12/1  T  4:30 - 10 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg
W16-30494  1/5  T  4:30 - 10 pm
Workforce Training Center 15
2555 NE Diamond Lk, Rsbg