# COMMUNITY CONNECTIONS

**Winter 2024** 



### **SEE INSIDE**

MAKE YOUR OWN HIGHLAND COW

A SUCCULENT VALENTINE'S DAY CENTERPIECE

TOSS, TOP & BAKE PIZZA

SBDC SMALL BUSINESS PROGRAM ADVISING

CLASSES & WORKSHOPS

**GET YOUR GED** 

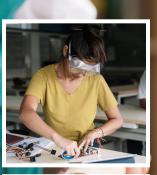
Acrylic Painting pg. 6 Conversational Spanish pg. 5 Limited Pump Contractors License pg. 10





For full descriptions: umpqua.edu/cwt







### LIFELONG LEARNING



# LIFESTYLE CLASSES

#### COOKING

PERFECT HOMEMADE CHEESECAKE NEW

**\$39** Learn to make a perfect cheesecake. Take home a mini-cheesecake and a mini-springform pan.

2/10 Sat 10:30 am-1 pm Campus Ctr Kitchen

### LEARN TO TOSS, TOP, AND NEW BAKE PIZZA

**\$49** You'll make the dough, toss it in the air, top it, then bake to perfection.

2/23 Sat 5:30-8 pm Campus Ctr Kitchen

#### **HOME AND GARDEN**

#### **FUNDAMENTALS OF WELDING**

**\$199** Learn the basics of welding in a project-based course (open-lab format).

1/11-2/15 Thu 6-8 pm LH 11

### A "SUCCULENT" VALENTINE'S NEW DAY CENTERPIECE

**\$59** Learn the basics of welding in a project-based course (open-lab format).

2/10 Sat 10 am-Noon CWT 14

#### **SPECIAL INTEREST**

DIY ADORABLE HIGHLAND COWS NEW

**\$49** Add to your home décor by making an adorable Scottish Highland cow.

3/16 Sat 9:30 am-12:30 pm CWT 14

### FINDING YOUR UNIQUE VOICE: NEW DEVELOPING SONGWRITING STYLE

**\$39** Embark on a journey to discover and grow your own special songwriting style.

2/12 Mon 6-7:30 pm TAP 17

### THE SONGWRITER'S JOURNAL: NEW UNLEASHING CREATIVITY FROM WITHIN

**\$39** Explore the art of journaling as a source of songwriting inspiration for your unique voice.

2/24 Sat 1-4 pm TAP 17

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#### 541-440-4668 • CWTOperations@umpqua.edu

#### FUN AND INSIGHTFUL CLASSES FOR GRANDPARENTS

Roseburg-based **GrandparentsAcademy.com** is proud to partner with UCC to offer world-class online classes for local grandparents who love their grandkids and also love to learn!

- Grandparenting from a Distance
- New Grandparent First Steps to Success
- Intentional Grandfathering
- · Cultivating Values with Grandchildren
- And more ...

#### VIEW THE FULL CATALOG & REGISTER ONLINE



grandparents Acade my....





### YOUR STORY YOUR SONG: NEW THE ART OF AUTHENTIC SONGWRITING

**\$39** Learn to use storytelling as a framework for songwriting, and invite them into your world.

3/2 Sat 1-4 pm TAP 17

## BREAKING THE BLOCK: NEW TRANSFORM SONGWRITING CHALLENGES INTO CREATIVE FUEL

**\$39** Discover new songwriting techniques and tap into your inner creativity.

3/9 Sat 1-4 pm TAP 17

#### LOOM BEADING JEWELRY NEW

**\$75** Create a beautiful bracelet using a loom and seed beads. You will take home your own loom and beads to continue at home.

2/26-4/8 Mon 5-7:30 pm CWT 14

#### HOW TO MAKE YOUR LYRICS SING NEW

**\$39** Discover the mystery of bringing words to life as a song.

3/16 Sat 1-4 pm TAP 17

### CULTIVATING VALUES WITH GRANDCHILDREN

**\$147** Identify and cultivate values with your grandchildren from any distance.

Self-paced Online/Available now Register at GrandparentsAcademy.com/

#### FULLY ENGAGED AGING NEW

**\$67** Effective strategies and holistic approach to later life wellness.

Self-paced Online/Available now Register at GrandparentsAcademy.com/

#### **GRANDPARENTING FROM A DISTANCE**

**\$67** Proven strategies for connecting long distancing grandparents and grandchildren.

Self-paced Online/Available now Register at GrandparentsAcademy.com/

### SOAPS & SIP: BEGINNING SOAP MAKING AND WINE TASTING EXPERIENCE

**\$59** All you need to know to begin soap making, combined with a Sip experience at SOWI.

2/3 Sat 12-3 pm Lang Tasting Room

#### LET'S MAKE HARD CIDER

**\$159** Learn the fundamentals, and take home 2 cases plus an entire homemaking cider .

2/21-3/20 Wed 5:30-7 pm Lang Vit Lab

### BEGINNING BATH BOMB MAKING AND WINE TASTING EXPERIENCE

**\$45** All you need to know to begin bath bomb making, combined with a Sip experience at SOWI.

3/23 Sat 12-3 pm Lang Tasting Room



Online lifelong learning classes

#### For full descriptions and to register, visit ed2go.com/Umpqua

We are pleased to partner with Ed2go to provide a variety of online classes. Find class offerings in areas of art, health and wellness, writing and foreign language. We also have a large variety of courses for business and career training.

For full descriptions: umpqua.edu/cwt







# HEALTH AND WELLNESS CLASSES

#### GENTLE YOGA GOLD CLASS

**\$99** Discover ways to move, breathe and approach chronic pain and lessen symptoms.

1/15 – 3/20 Mon, Wed 1-2 pm Zen Den Yoga Studio, 735 SE Cass, Roseburg

#### TAI CHI GOLD CLASS

**\$89** Study the martial art of Tai Chi. Increase your physical and spiritual health.

1/16-3/14 Tue, Thu 10-11 am WCH 20

#### QIGONG GOLD CLASS

\$95 1/9-3/14 \$69 1/9-3/12 (Tue only) OR 1/11-3/14 (Thu only)

Uses stretching, deep breathing and invigorating circular motion for your body.

Tue, Thu 11 am-Noon Roseburg Dance Studios, 965 SE Court St.

#### **AIKIDO**

**\$55** Develop self-defense skills, improve balance and physical conditioning.

1/23-4/4 Tue, Thu 7-8 pm TBD

#### GET MOVING, GET FIT GOLD CLASS

\$69 1/17-3/20 \$39 1/17-2/14 \$39 2/21-3/29

Low-impact aerobics improving flex-ibility, coordination, strength, and balance.

Mon, Wed 10:30-11:30 am Glide Cmty Ctr, 20062 N Umpqua Hwy, Glide

# LANGUAGE CLASSES

### BEGINNING CONVERSATIONAL SPANISH GOLD CLASS

**\$89** Gain practical knowledge and basic conversational skills.

1/18-3/21 Thu 5:30-7:30 pm TAP 14

### INTERMEDIATE CONVERSATIONAL SPANISH GOLD CLASS

**\$89** Improve practical knowledge and basic conversational skills.

1/16-3/19 Tue 5:30-7:30 pm TAP 17

#### **BEGINNING SIGN LANGUAGE**

**\$89** Learn and practice finger spelling and signs for 350-450 words.

1/23-3/19 Tue 5-7 pm TAP 16

#### **CONTINUING SIGN LANGUAGE**

**\$89** Pick up speed and expand your signing vocabulary with immersion practice.

1/29-3/25 Mon 5-7 pm TAP 16

#### **GOLD CLASSES**

Douglas County Residents 60 years of age or older, and Disability Gold Card holders are eligible for a 20% DISCOUNT off selected classes. Enter "GOLD" during checkout or ask for discount.











#### 541-440-4668 • CWTOperations@umpqua.edu



### **ARTS CLASSES**

#### DRAWING FUNDAMENTALS

\$89 Experiment with a wide range of drawing techniques. Class is partially homework based.

1/17-3/13 Wed 5-7:30 pm CWT 14

#### **CORK AND CANVAS**

\$59 Create an amazing painting as you enjoy a glass of wine.

2/10 Sat 1-4 pm Lang Tasting Room Sat 1-4 pm Lang Tasting Room

#### ACRYLIC PAINTING NEW

**\$89** Learn different techniques to create beautiful landscapes. Beginner to advanced.

Coming

Soon!

2/26-4/8 Mon 5-7:30 pm CWT 14

### **UCC EMPLOYER SEMINARS**

11/10 Employee Burnout

- Alyssa Harter

1/19 Accountability & Delegation in the Workplace

- Mike Cleri

3/15 Improving Your Leadership Skills **Through Laughter and Play** 

Leigh Anne Jasheway

5/17 Emotional Intelligence

### SAFETY

#### **DRIVER EDUCATION**

Have permit available when registering.

Visit umpqua.edu/drivers-ed for information on our Driver Education program or call 541-440-4668.

**DRIVER EDUCATION AGE 15-17** WITH PERMIT

\$269

1/9-2/20 Tue, Thu 6-8:30 pm TAP 15

**ADULT DRIVER EDUCATION** \$425

1/9-2/20 Tue, Thu 6-8:30 pm TAP 15

#### FORKLIFT TRAINING

**\$129** Learn the skills and requirements necessary to operator a forklift safely.

3/16 Sat 8 am-4 pm CWT 16

#### **HANDGUN SAFETY** AND SELF DEFENSE

**\$79** Gain knowledge and proficiency to safely use and care for handguns from a nationally certified instructor.

3/21 Thu 6-9 pm CWT 15 - AND -

3/23 Sat 9 am-noon Range (Meet at Roseburg BiMart, 1381 NW Garden Vly Blvd.)

#### **CERTIFIED FLAGGER** TRAINING

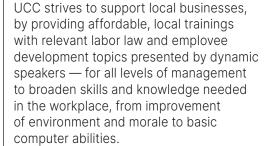
**\$139** Prepare to be a flagger for work zone traffic control. Receive State of ODOT Credentials for Flaggers.

First Tues of the month 4:30-10 pm Remote









- Alyssa Harter

For full descriptions: umpqua.edu/cwt









# CPR & FIRST AID

The American Heart Association strongly promotes knowledge and proficiency in all AHS courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA. Classes with low enrollment are subject to cancellation.

#### AHA/BLS HEALTHCARE CLASSES

### AHA HEALTHCARE PROVIDER (BLS) SKILLS CHECK

**\$70** The skills check session is for people completing the online AHA HCP BLS course.

#### Schedule appointment

### AHA BLS/HS INSTRUCTOR TRAINING \$299

1/20	Sat	9 am-3 pm	CWT 15	
3/16	Sat	9 am-3 pm	CWT 15	

### AHA HEALTHCARE PROVIDER (BLS)

400			
11/16	Thu	5-9 pm	CWT 15
12/14	Thu	5-9 pm	CWT 15
1/11	Thu	5-9 pm	CWT 15
2/8	Thu	5-9 pm	CWT 15
3/7	Thu	5-9 pm	CWT 15

### AHA HEALTHCARE PROVIDER RECERT (BLS)

#### \$99

11/28	Tue	5-9 pm	CWT 15
1/25	Thu	5-9 pm	CWT 15
2/22	Thu	5-9 pm	CWT 15
3/21	Thu	5-9 pm	CWT 15

### COMMUNITY MEMBERS & FAMILIES

Get trained and certified in CPR and First Aid.

#### **AHA CPR/AED TRAINING**

#### \$64

11/14	Tue	5-9 pm	CWT 15
12/12	Tue	5-9 pm	CWT 15
1/16	Tue	5-9 pm	CWT 15
2/12	Mon	5-9 pm	CWT 15
3/12	Tue	5-9 pm	CWT 15

#### AHA FIRST AID CPR AED

#### \$94

Tue, Wed	5-9 pm	CWT 15
Tue, Wed	5-9 pm	CWT 15
Tue, Wed	5-9 pm	CWT 15
Mon, Tue	5-9 pm	CWT 15
Tue, Wed	5-9 pm	CWT 15
	Tue, Wed Tue, Wed Mon, Tue	Tue, Wed 5-9 pm Tue, Wed 5-9 pm Mon, Tue 5-9 pm

### AHA FIRST AID/CPR AED FOR INFANTS \$94

12/9	Sat	9 am-3:30 pm	CWT 15
2/17	Sat	9 am-3:30 pm	CWT 15

### PROFESSIONAL DEVELOPMENT

# COMPUTER APPLICATIONS

#### **INTRO TO COMPUTERS**

**\$99** Introduction to computers for beginners and novices.

1/30-2/8 Tue, Thu 6-8 pm CWT 17

#### MS ONE DRIVE NEW

**\$99** Learn the basics of MS One Drive to save and share files easily in the cloud.

2/20-2/27 Tue, Thu 6-8 pm CWT 11

# SHORT-TERM TRAINING

#### PROFESSIONAL TRUCK DRIVER TRAINING

**\$5,200** For more information or to apply for the program, visit: umpqua.edu/commercial-truck-driving or call 541-440-4601.

#### **LEADERSHIP BOOT CAMP**

**\$899** 7-week cohort for emerging managers, shift leads, and administrators to improve leadership and supervisory calls.

1/16-2/27 Tue 9 am-4 pm CWT 15

#### **EMOTIONAL INTELLIGENCE**

**\$125** Develop skills to recognize and manage emotions, behaviors and impulses in yourself and co-workers. Pre-requisite: Leadership Boot Camp

1/25 Thu 1-5 pm CWT 15

#### **MANAGEMENT PART 1 & 2**

**\$165** Learn fresh ways to move to the next level of effectiveness with your team. Prerequisite: Leadership Boot Camp

2/8-2/15 Thu 1-5 pm CWT 15

#### **PHARMACY TECH TRAINING**

**\$1,199** Prepares students to enter the pharmacy field and take the National Healthcareer Association's ExCPT exam.

1/8-3/27 Mon, Wed 6:30-9:30 pm TAP 14

Short-term Training continued on pg. 10



For full descriptions: umpqua.edu/cwt



Short-term Training continued from pg. 9

#### LIMITED PUMP CONTRACTORS LICENSE

**\$899** This course is for people wanting a license, and is for Residential only.

2/28-3/2 Wed-Sat 8 am-5 pm CWT 15

#### **BAHCO PRUNER AND LOPPER CERTIFICATION COURSE AND GRAPEVINE PRUNING**

\$79 This course offers BAHCO pruning and lopper certification, and vineyard pruning. 3/9-3/10 Sat, Sun 8 am-5 pm LANG VIT LAB

#### **CONFLICT MANAGEMENT**

\$245 Learn successful conflict management strategies to apply in your workplace.

2/5-3/1 Online

#### **DATA ANALYSIS SERIES COMPLETION AWARD**

\$495 Gain a better understanding of how to analyze data in a business setting.

2/5-4/26 Online

#### MASTERING MICROSOFT EXCEL

\$195 Learn skills to create, edit and manage spreadsheets using Microsoft Excel.

2/5-3/1 Online

#### **BOOKKEEPING SERIES COMPLETION AWARD**

**\$495** This program focuses on cash basis accounting.

2/5-4/26 Online

#### **LEADERSHIP SERIES COMPLETION AWARD**

\$395 Get practical, easy to understand, and insightful methods for new or experienced supervisors and managers.

2/5-4/26 Online

#### **BUSINESS WRITING SERIES COMPLETION AWARD**

**\$495** Take all 3 business writing courses at a discounted rate — Business Writing, Effective Copywriting and Writing News and Press Releases.

2/5-4/26 Online

#### DIGITAL MARKETING SERIES **COMPLETION AWARD**

**\$495** Get a fundamental yet advanced introduction to eMarketing.

2/5-4/26 Online

#### **EXTRAORDINARY CUSTOMER SERVICE**

**\$145** Discover how easy it is to tweak your customer service from the ordinary to the extraordinary.

3/24-3/29 Online

#### 541-440-4668 • CWTOperations@umpqua.edu



The Umpqua Valley STEAM Hub ... supporting families, educators, youth-serving organizations and community members to provide quality STEAM learning experiences for our youth. We provide professional development and consulting, community events, and manage a resource lending library for educators and youth organizations.

For more information contact: umpquavalleysteam.com

Come visit us on the UCC campus in the hexagonal building between Community Workforce Training and Wayne Crooch Hall.



#### **REGISTRATION POLICIES & PROCEDURES**

UCC Community Education Classes are open to the public. Classes are open to students 16 vears and older unless otherwise stated. Youth and Family classes are specifically designed for young people, teens, or families. Payment is due at time of registration. Make checks payable to UCC. Visa, MasterCard and Discover Card are accepted.

Pre-registration is strongly encouraged. Registration at the first class session cannot be guaranteed in cases where the class is full or canceled due to low enrollment numbers. UCC will contact you via the email address provided at registration for class confirmation, cancelation, a change in time, facility or location, or if the class is full.

Full refunds will be issued to all students if UCC must cancel a class. To cancel a class, contact UCC Community and Workforce Training at 541-440-4668. Financial credit towards future classes may be considered based on special circumstances but is not guaranteed. Requests based on special circumstances must be requested in writing to: Community Education and Workforce Training Office, PO Box 967, Roseburg, OR 97470

Inclement Weather: Classes held on campus are closed when UCC is officially closed due to severe weather. Remote class locations may also be closed. Listen to local radio stations or visit umpqua.edu for weather closures.

umpqua.edu/cwt

541-440-7824

### THE SOUTHERN OREGON WINE INSTITUTE







Umpqua Business Center, 522 SE Washington Ave., Roseburg

### **EMPOWERING BUSINESS SUCCESS**

#### NO-COST BUSINESS ADVISING

The SBDC is here to provide solutions to help you and your business grow. Whether you're already in business or looking for help with your great business idea, our team of business advisers is ready to assist with planning, analyzing cash flow, marketing,

business registration and more. Our clients learn from experienced advisers who bring important skills and perspectives to help businesses thrive. All advising is confidential and provided at no cost to clients. Request advising today at umpqua.edu/sbdc



### **CLASSES & WORKSHOPS**

The SBDC hosts a variety of classes and workshops throughout the year designed to

help you learn the skills needed for business success, such as:

- First Steps to Starting a Business
- Create a Viable Business Plan
- QuickBooks Basics

- Social Media & Marketing
- Recordkeeping & Estimating for Contractors
- Construction Contractors Board (CCB) Training & Exam
- Real Estate Brokers & Property Management License Training
- Small Business Management (9-month) courses), and more!



For current workshop listings, SBDC services and no-cost business advising registration, visit: umpqua.edu/sbdc

Or call us at: 541-440-7824





The Oregon SBDC Network is funded in parth through a Cooperative Agreement with the U.S. Small Business Administration and the Oregon Business Development Department. Programs and services are provided to the public on a non-discriminatory basis. Language assistance services are available for limited English-proficient individuals.



SOWI was established as part of the Danny Lang Teaching, Learning & Event Center in 2008 at Umpqua Community College with a mission to serve the wineries of Southern Oregon and as a resource for skilled winery workers.

The SOWI facilities are accessible to the wine industry community and continue to raise the profile of the surrounding winegrowing regions.

Visit umpqua.edu/sowi for more information. 541-440-4629

For updates please visit facebook.com/ sowicellars



Join us in the tasting room **New Wine Releases • Wine Tasting Appetizers • Local Vendors** 

#### THANKSGIVING WEEKEND **POST-HARVEST CELEBRATION**

Friday & Saturday, Nov. 24 & 25 Noon to 5 p.m.

#### **2ND ANNUAL HOLIDAY** PET PORTRAIT DAY

Saturday, Dec. 2 Noon to 5 p.m.

#### As SOWI expands in support of our regional wine industry, it continues to offer:

Incubator Service

Supporting start-up wineries to produce quality wines on site and established wineries with access to equipment

Tasting Room

Serving award-winning wines made on site. (Open for special tasting events)

Event Center

Scenic views and a state of the art facility available to the public to rent for special events

### **COLLEGE & CAREER READINESS**



TOM TYLEE, ABS DIRECTOR

Students in our programs work at their own pace and are supported every step of the way. Come talk with us today and find out more.

### UNLOCK YOUR POTENTIAL

### **GED®**

#### Classes are NOW FREE each term.

We offer flexible options for students.

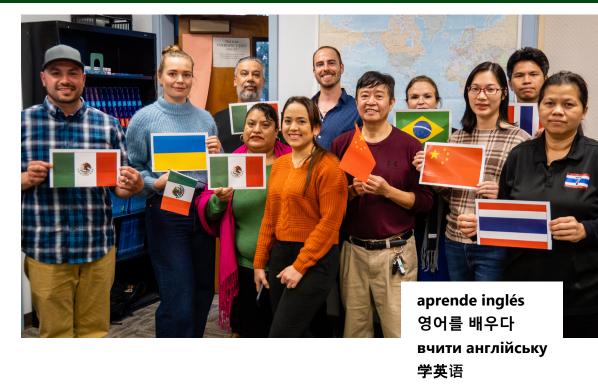
- Study full time or part time
- Day and evening classes available
- Attend class in person or remotely

### Earning your GED at Umpqua Community College gets you benefits.

- Learn from qualified instructors with decades of experience.
- We pay for you to take your GED test, over a \$150 value.
- We work directly with community partners to help you start college or find a job after getting your GED.
- Students can qualify for a 12-credit tuition waiver to attend Umpqua Community College — over a \$1,300 value.







### **ESOL**

### (English to Speakers of Other Languages)

Our ESOL program offers beginning and intermediate level English classes for adults. Classes are offered in the evening and are available to join in person or remotely via a computer. Students will develop their skills in speaking, reading, writing, and listening.

#### ¿Qué es ESOL?

Las clases de ESOL enseña a leer, escribir, y hablar inglés. Los estudiantes también aprenden sobre la cultura estadounidense, el trabajo, y la vida.

เรียนภาษาอังกฤษ

#### ¿Cuanto cuesta?

Las clases de inglés son gratis.

#### ¿Como empezar?

Para obtener más información, por favor contáctenos en el Centro Woolley al 541-440-4603, por correo electrónico a uccabs@umpqua.edu, o en la web en umpqua.edu/learn-english.

Registration is open. Classes are NOW FREE each term. For more information, visit umpqua.edu/abs, call 541-440-4603, or email woolley@umpqua.edu

Umpqua Community College offers in-person classes at the Woolley Center in Roseburg, and at the South County Campus in Tri-City. Remote options are available for students who are unable to attend in person.



Umpqua Community College 1140 Umpqua College Road PO Box 967 Roseburg OR 97470 Periodical Postage PAID Roseburg, OR

**POSTAL CUSTOMER** 

**ECRWSS** 

### LEADERSHIP BOOT CAMP

Join other managers, shift leads and administrators in improving your leadership and supervisory skills.

**TOPICS COVERED:** DiSC Assessment • Coaching • Giving and Receiving Feedback Workplace Improvement Plan • Decision Making • Time Management • Growth Plan Goal Setting • Problem Solving • Conflict Resolution



Instructor & Facilitator: Pam Leone, Leadership Development Professional, Certified DiSC Workplace Facilitator, and SHRM Certified.

See pg. 9 for class dates & times

### PHARMACY TECHNICIAN TRAINING



This course prepares you to sit for the Pharmacy Technician Certification Board (PTCB) or National Health Career Association National Certification Exam (ExCPT).