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**TITLE: MENTAL HEALTH SERVICES**

**BOARD POLICY # 5110**

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- A. The College shall assure the provision of short term mental health services aimed at addressing personal concerns that are affecting students' academic lives including:
1. personal counseling
  2. crisis counseling
  3. case management and referral to community resources for ongoing service needs
  4. skills training and coaching
  5. consultation
- B. Many concerns may be addressed within 6 sessions or less.
- C. The College will maintain a high level of confidentiality of mental health treatment services and treatment records of such services, based on relevant state and federal law and professional ethics.

**D. Definition of mental health treatment service:**

Those personal counseling services given by a professional provider acting within their professional capacity (examples of providers would be individuals who hold a master's degree in counseling, social work, psychology or closely related fields and may have licensure, or be working toward licensure by state or national boards; LCSW, LPC, LMFT etc.)

**E. Definition of Treatment records:**

Treatment records are defined as separate from educational records and are defined as those records that are "directly related to the student who is attending the institution, made or maintained by a recognized professional acting in their professional capacity and used only in connection with treatment of the student and disclosed only to individuals providing the treatment."

**References:**

NWCCU Standards 2.G.6 (*updated 3/19/2021*)

ORS 341.290 (13)

Family Educational Rights and Privacy Act

Code of Ethics of the National Association of Social Workers

**RESPONSIBILITY:**

The Life Coach, or college position tasked with leading counseling services, is responsible for implementing and updating this policy. Specific guidance for policy implementation may be found in the associated Administrative Procedure(s).

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**NEXT REVIEW DATE:**

**DATE OF ADOPTION: 2/12/2020**

**DATE(S) OF REVISION:**

**DATE(S) OF PRIOR REVIEW:**